Esomeprazole (E.C.) I.P. 40mg + Domperidone (S.R.) I.P. 30mg Capsules

Esoable DSR Capsule

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This combination medication is used to treat gastroesophageal reflux disease (GERD), acid-related disorders, and to manage nausea and vomiting.

Composition

- Esomeprazole (Enteric Coated): 40 mg
 - A proton pump inhibitor (PPI) that reduces the production of stomach acid.
- Domperidone (Sustained Release): 30 mg
 - A dopamine antagonist that helps to improve stomach motility and reduce nausea.

Indications

This combination is used for the treatment and management of:

- 1. Gastroesophageal Reflux Disease (GERD)
 - Relieves symptoms such as heartburn, acid regurgitation, and discomfort caused by acid reflux.
- 2. Peptic Ulcers
 - Helps promote healing of gastric ulcers and duodenal ulcers.
- 3. Nausea and Vomiting
 - Reduces nausea and vomiting associated with various

conditions (e.g., GERD, gastric irritation).

Dosage and Administration

- Adults:
 - 1 capsule (40 mg Esomeprazole + 30 mg Domperidone) once daily, preferably before a meal.
- Administration:
 - Take the capsule whole with water. Do not crush or chew the capsule, as it is entericcoated to prevent degradation in the stomach.

Note: The dose may be adjusted by your doctor depending on the condition being treated and its severity.

How It Works

- 1. Esomeprazole:
 - Inhibits the proton pump in the stomach lining, reducing the production of stomach acid. This helps alleviate symptoms of heartburn and prevents damage to the esophagus and stomach lining from excess acid.
- 2. Domperidone:
 - Increases the motility of the stomach and intestines, helping food pass more quickly from the stomach into the intestines.

Precautions

- Liver Disease:
 - Use with caution in patients with liver impairment, as Domperidone is metabolized by the liver.
- Pregnancy and Breastfeeding:
 - Consult your doctor before using this medication if you are pregnant or breastfeeding.
- Kidney Disease:
 - Use with caution in patients with kidney impairment.
- Heart Conditions:
 - Domperidone may cause QT prolongation (a type of heart rhythm disturbance). Inform your doctor if you have any heart conditions, particularly irregular heartbeats.
 - Esomeprazole or Domperidone (e.g., antifungals, certain antibiotics, and heart medications).

Possible Side Effects

Common Side Effects:

- Headache
- Diarrhea or constipation
- Nausea or abdominal discomfort
- Dizziness

Rare but Serious Side Effects:

• Severe allergic reactions (rash, itching, swelling, difficulty breathing)

Seek immediate medical attention if you experience severe side effects.

Drug Interactions

- Avoid combining with:
 - Certain antifungal medications (e.g., ketoconazole) as they may affect the absorption of Esomeprazole.
 - Other medications that affect stomach acidity (e.g., antacids) may reduce the effectiveness of Esomeprazole.

Storage

- Store in a cool, dry place, away from moisture and direct sunlight.
- Keep out of reach of children.

Important Note: Esomeprazole and Domperidone combination therapy should be used according to your healthcare provider's instructions. Long-term use should be regularly monitored to avoid potential side effects, and you should not stop taking the medication abruptly without consulting your doctor.

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